Unit 1: Style and Nonverbal Communication

**Lesson 1: The Process of Learning Speech & Debate**

* Watch the video by TJ Walker
* What are the six goals of this course?
* Read the **Organizing your Thoughts**
* Your first speech: What are your strengths and weaknesses as a speaker? What do you hope to learn in this course?
  + Make sure to include an introduction and conclusion
  + 1 Minute
* Important Note: You will be required to submit one speech and one self-evaluation at the end of each unit in this course. Use every speech and self-evaluation opportunity to practice what is being taught. You will submit your strongest speech and its corresponding self-evaluation before completing the unit’s assessment.

**Lesson 2: Body Language and Verbal Skills**

* Watch the video by TJ Walker
  + What does he recommend about body movements?
* Read the Talking Points Handouts
* Speech: Write and record a speech
  + What are some ways to connect with the audience?
  + What should a speaker do with his or her hands?
  + What are the standards for using different types of oral language?
  + What is some of the protocol speakers and listeners should remember?
  + Important Note: This speech will be recorded only for your own self-evaluation.
  + 2-3 Minutes

**Lesson 3: Voice Control and Eliminating Verbal Tics**

* Watch the three videos
  + What are three things speakers tend to do when they are nervous or scared?
* Read the Talking Points
* Speech: Write and record your speech to the **Audio Quick Check**
  + What is the best way to study for a test?
  + 2-3 Minutes

**Lesson 4: Movement and Advanced Nonverbal Skills**

* Watch the videos
  + Posture
  + Problems with a lectern
* Read the Talking Points
* Speech: Your Favorite subject in school and why you like it. Be sure to include specific details and experiences.
  + 2-3 Minutes
  + Record under Movement and Advanced Nonverbal Skills
* Movement and Advanced Nonverbal Skills Unit Test
  + Review your speech on your favorite submit. Use the self-evaluation requirements
  + 20 M/C Questions

**Self-Evaluation Requirements:**

Write **2-3 thoughtful sentences** on at least two of the guideline topics.

Include at least one goal you **did well**, and one goal you would like to **improve**.

***Example:***

My speech had an engaging opening with a surprising opening to my story. I included details about the trip that would appeal to my audience of friends. However, I included a few too many details about how long we were on the road which might have bored my audience.